

# Cross Country

## Thames Valley Running League

The Thames Valley Running League has 2 divisions, Oaklands is in division 1, the top division and has been for many years. Around 11 schools are in this division, mainly from the Wokingham borough.

There are 5 cross country events that run throughout the winter. Staff from the schools take turns to coordinate and run these events with the help of parents, it is all voluntary. Oaklands works with a couple of other schools to run Lightwater Country Park event in November. We are allowed to take 50 children to each event. For each event 2 parents are needed to marshal. You will only need to do this once in the year.

The Cross-country events are all on Thursday afternoons:

1. Reddam House: 26<sup>th</sup> September
2. Cantley Park: 24<sup>th</sup> October
3. Lightwater Country Park: 21<sup>st</sup> November
4. Braywick Sports Ground: 30<sup>th</sup> January
5. Braywick Relays: 20<sup>th</sup> March

Braywick Relays is the last race in the series, and it is here that prizes and presentations are given out at the end. There will be some for schools and some for best teams and individuals.