Wokingham Adult Education Courses Summer 2024

There's a variety of courses on offer for parents with Wokingham Adult Education this summer. More courses can be found on at www.webenrol.com/wokingham as well as enrolment information and eligibility criteria. Adult Education team can also be contacted by 0118 974 3797 or adulteducation@wokingham.gov.uk

Every Penny Counts

- 4 June to 25 June, Tuesdays 6.30pm to 8.30pm, online via Zoom
- Free course
- Apply here

This course will support learners with understanding household spending and introduce the basics of how to make a manage a household budget. It will look at the value of planning in advance, consider typical spending habits as well as tools to help assess promotions and deals to calculate whether they are a true saving for you.

Building your Confidence to get into Work or Volunteering

- 5 June to 17 July, Wednesdays 10.30am to 12pm, online via Zoom
- Free course
- Apply here

Getting into work or volunteering after a break for any reason, or for the first time in a new country, can be daunting. Looking at job searching techniques, importance of CVs, application forms and interview preparation. This course will help you to identify all the strengths and qualities you have that employers want and look at ways to expand your experience through volunteering or further learning.

Introduction to Working in Care or the NHS

- 5 June to 17 July, Wednesdays 12.45pm to 2.45pm, Bradbury Centre, Wokingham
- £40 or free to those on jobseeking benefits or a low income
- Apply here

Interested in working in the NHS or in the care sector? This course will look at different roles available and explore ways of gaining transferable skills or experience to start working in these sectors.

IT Skills for Work

- 10 June to 15 July, Mondays 1pm to 3pm, Wokingham Library
- £30 free to those on jobseeking benefits or low incomes
- Apply here

Refresh or learn new IT skills, including Word, Excel and PowerPoint to help you at work or on your job seeking journey. Learners will practice file management and by the end of the course will be able to use simple documents, email attachments and feel more confident with IT skills that you might need for work.

Love Food Hate Waste

- 12 June to 26 June, Wednesdays 10am to 12pm, Emmanuel Church, Woodley
- Free course
- Apply here

Do you want to learn how to make the most out of the food you buy and cook? This course will explore practical tips to get more from your food. It will cover ways to reduce waste and save money, healthy eating, and meal preparation.

Help with your Maths

- 12 June, Wednesday 7pm to 8pm, online via Zoom or 4 July, Thursday 7pm to 8pm, online via Zoom
- Free course
- Apply here for June or Apply here for July

Refresh the basic maths skills which are used in everyday life and work including fractions, percentages, ratios, probability, and lots more. The course will help you assess your current skill level and identify areas in which you can improve your maths skills further.

After an initial tutor led interactive session, you'll have access to an online course which you can work through at your own pace and focus on areas you'd like to improve. A follow up session with a tutor is available for those who would like one.

Introduction to being a Teaching Assistant and Working in Schools

- 13 June to 18 July, Thursdays 12.30 to 2.30pm, St Pauls Parish Rooms, Wokingham
- £40 free to those on jobseeking benefits or low incomes
- Apply here

Find out more about different roles available in schools and gain an understanding of how to apply for roles. Explore your own strengths and weaknesses in your transferable skills and build your confidence to apply for roles in schools.

Maths for the Workplace

- 17 June, Wednesday 7pm to 8pm, online via Zoom or 4 July, Thursday 7pm to 8pm, online via Zoom
- Free course
- Apply here for June or Apply here for July

Refresh your basic work maths skills with our new online courses. Various available covering maths skills for specific industries including construction, health and social care, hair and beauty, business and administration, sport, and hospitality and catering.

After an initial tutor led interactive session, you'll have access to an online course which you can work through at your own pace and focus on areas you'd like to improve. A follow up session with a tutor is available for those who would like one.

Help your child with Maths

- 13 June, Thursday 7.30pm to 8.30pm, online via Zoom or or 2 July, Thursday 7.30pm to 8.30pm, online via Zoom
- Free course
- Apply here for June or Apply here for July

Refresh your own maths skills while gaining confidence in how to support your children with their own maths learning. Starting with an initial tutor led session, you'll then have access to an online learning platform which covers school years 3 to 7 - you can choose which content is appropriate for yourself. A follow up session with a tutor is available for those who would like one.

Maths for ESOL

- 19 June, Wednesday 7pm to 8pm, online via Zoom
- Free course
- Apply here

Build your confidence in the English used for maths terms can help with improving your overall English and can help with work or life in the UK.

After an initial tutor led interactive session, you'll have access to an online course which you can work through at your own pace and focus on areas you'd like to improve. The follow up session will be on 10 July, Wednesday, 7pm to 8pm, online via Zoom.

Unlocking the Numbers - Business Maths for Beginners

- 24 June to 15 July, Mondays 6.30pm until 8.30pm, online via Zoom
- Free course
- Apply here

Master your business numeracy knowledge and skills with our free course. Learn key financial terms and learn the basics about budget and business planning/setting.

This is suitable for anyone who may be starting up a new business, wishes to feel more confident with numbers used within business or those wishing to practice these skills for their day-to-day job, or to upskill to apply for a new job or voluntary role.

Understanding Anxiety in Teenagers

- 25 June and 2 July, Thursdays 7.30pm to 9pm, online via Zoom
- £15 free to those on jobseeking benefits or low incomes
- Apply here

Aimed at parents of secondary school pupils, this course looks at how anxiety presents itself in teenagers, and techniques that can be used to reduce its impact. The course aims to help you develop a selection of coping strategies as well as giving you a better understanding of the causes of teenage anxiety and ways of building resilience.

Sensory Maths

- 28 June, Friday 10am until 12pm, Rainbow Children's Centre, Winnersh or 5 July, Friday 10am until 12pm, Finchampstead Children's Centre
- Free course
- Apply here for June or Apply here for July

Gain confidence in how to support children's maths learning through multi-sensory methods. Explore the different methods and resources that can be used to support learning both at home and at school. This course is ideal for parents or carers of children who may find maths difficult or those with children with SEND.

Dealing with the Transition to Secondary School

- 10 July and 17 July, Wednesdays 7.30pm to 9pm, online via Zoom
- £15 free to those on jobseeking benefits or low incomes
- Apply here

Aimed at parents of students who are moving from primary school to secondary school in summer 2024, this course builds on the information given by the schools and looks at the transition from a practical and emotional standpoint. The course will be particularly helpful for parents and carers whose child is anxious around the move. The course looks

at how secondary schools work and discusses issues around practical organisation, friendship issues, and managing anxiety.

Eligibility and costs

To be eligible for Adult Education courses, you need to:

Live or work within the Wokingham Borough, or have a child attending a Wokingham school,

- AND be over 19 years old (as of 31st August 2023)
- AND be a UK or Irish citizen or a non-UK national with permission to live in the UK and have ordinarily been resident in the UK for at least 3 years

All Ukrainian adults and their family members supported through the Ukraine Family Scheme and Ukraine Sponsorship Scheme are immediately eligible for courses and are exempt from the 3-year residency requirement.

Learners with a BN(O) visa are eligible to apply for Community Learning courses immediately.

There are a number of other exemptions including those for some asylum seekers or refugees. Please <u>email us</u> or call 0118 974 3797 if you wish to discuss any exemptions further.

Some courses are free and those courses that have a cost are free for anyone who is in receipt of Universal Credit (work related), Employment Support Allowance, Jobseeker's Allowance, or are on low income (under £22,000). Please <u>contact us</u> with any queries around costs.