

Born to Move has launched at Loddon Valley,
Bulmershe and Wokingham Leisure Centre!

Born to move is a virtual instructor led class featuring cool moves from martial arts, yoga, dance and more!

Classes are designed for children aged 8-12, but younger siblings are welcome to join in the fun. Under 8's must be accompanied by an adult.

£3.50 per child, adults go free.

Mondays 4pm-4.45pm at Loddon Valley Leisure Centre

Mondays 4pm-4.45pm at Bulmershe Leisure Centre

Tuesdays 4.15-5pm at Wokingham Leisure Centre

Wednesdays 4pm-4.45pm at Wokingham Leisure Centre