

Oaklands Junior School Online Safety

What does your child
love doing online?
What services and
devices do they use?



The online world can be exciting and inspiring. It has lots of opportunities to offer young people. It is important to manage and minimise the associated risks.

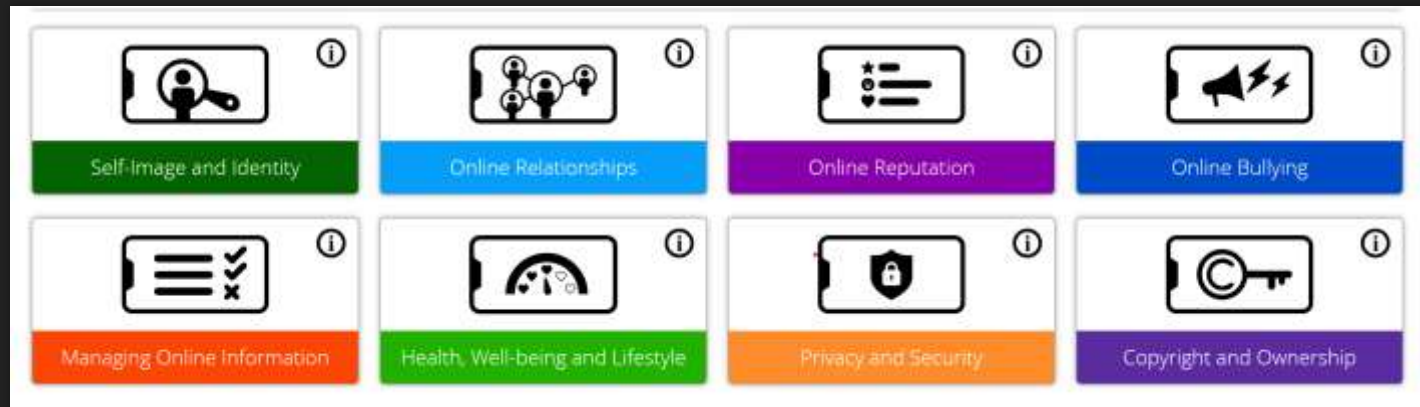
Presentation for parents
September 2023

Thanks to Childnet/ UK Safer Internet Centre

Teaching online safety in school:

Project Evolve
SMART rules

PROJECT
EVOLVE®



S SAFE
Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.

M MEET
Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

A ACCEPTING
Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.

R RELIABLE
You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.

T TELL
If you are getting cyberbullied always tell a trusted adult.
Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline - 0800 11 11 or www.childline.org.uk

BE SMART WITH A HEART
Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.

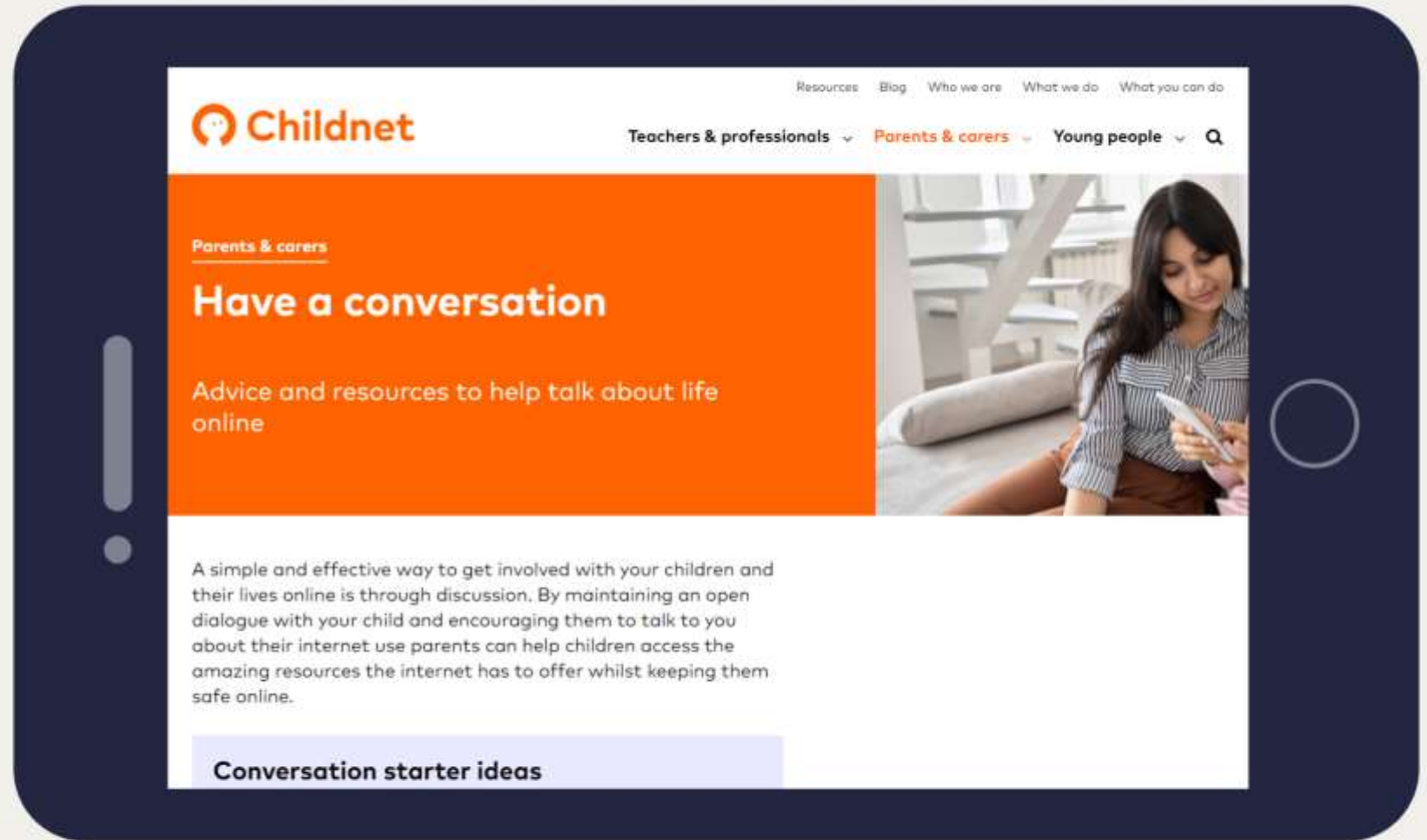
WWW.CHILDNET.COM

Online Issues

- Conduct
- Content
- Contact
- Online bullying
- Nudes and Sexting

An open and honest dialogue with your child is absolutely key.

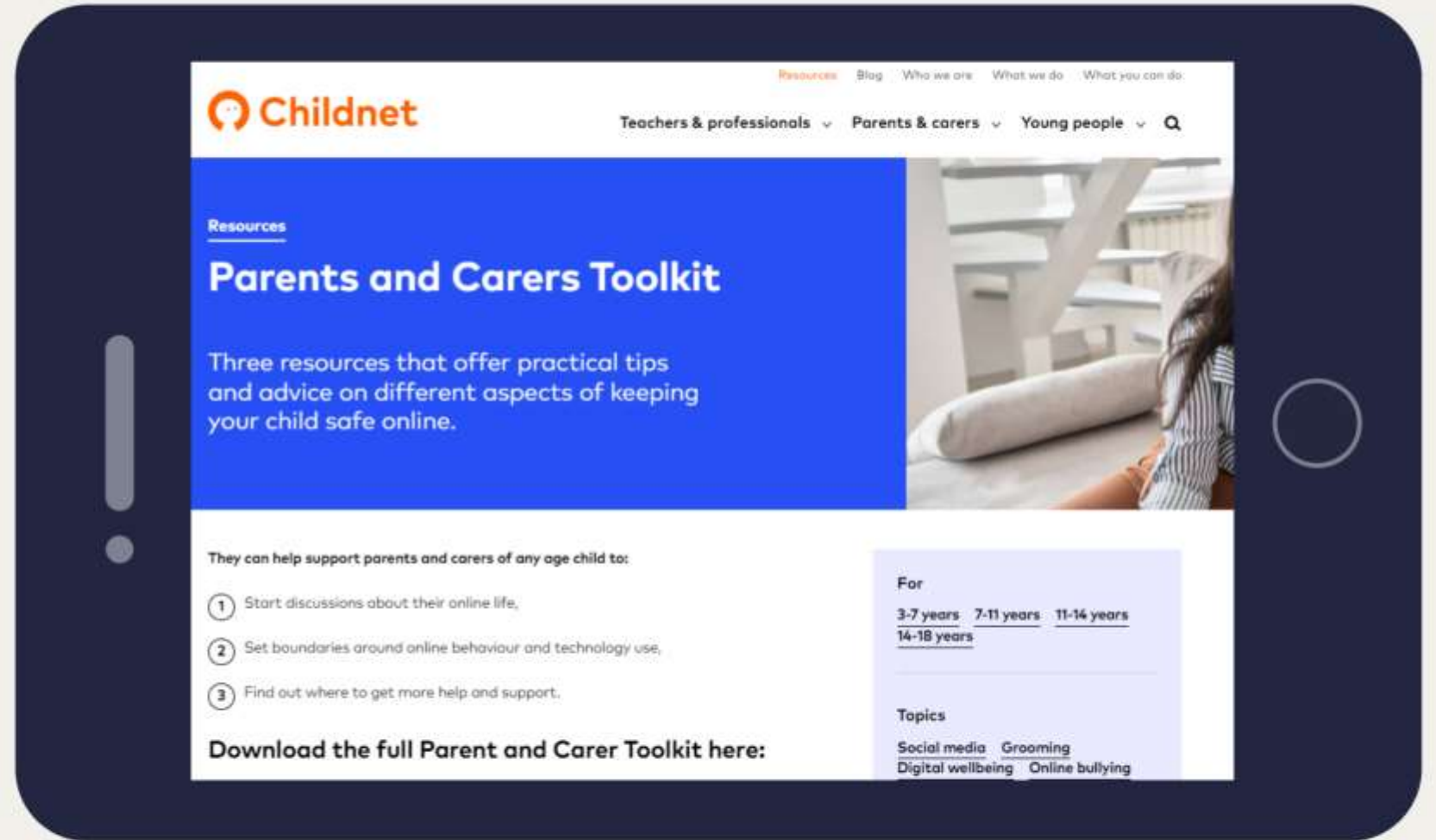
Talk to them about their internet use and let them know they can talk to you.



childnet.com/parents-and-carers/have-a-conversation

Consider setting a family agreement to open discussion.

Establish boundaries and your expectations as a family.

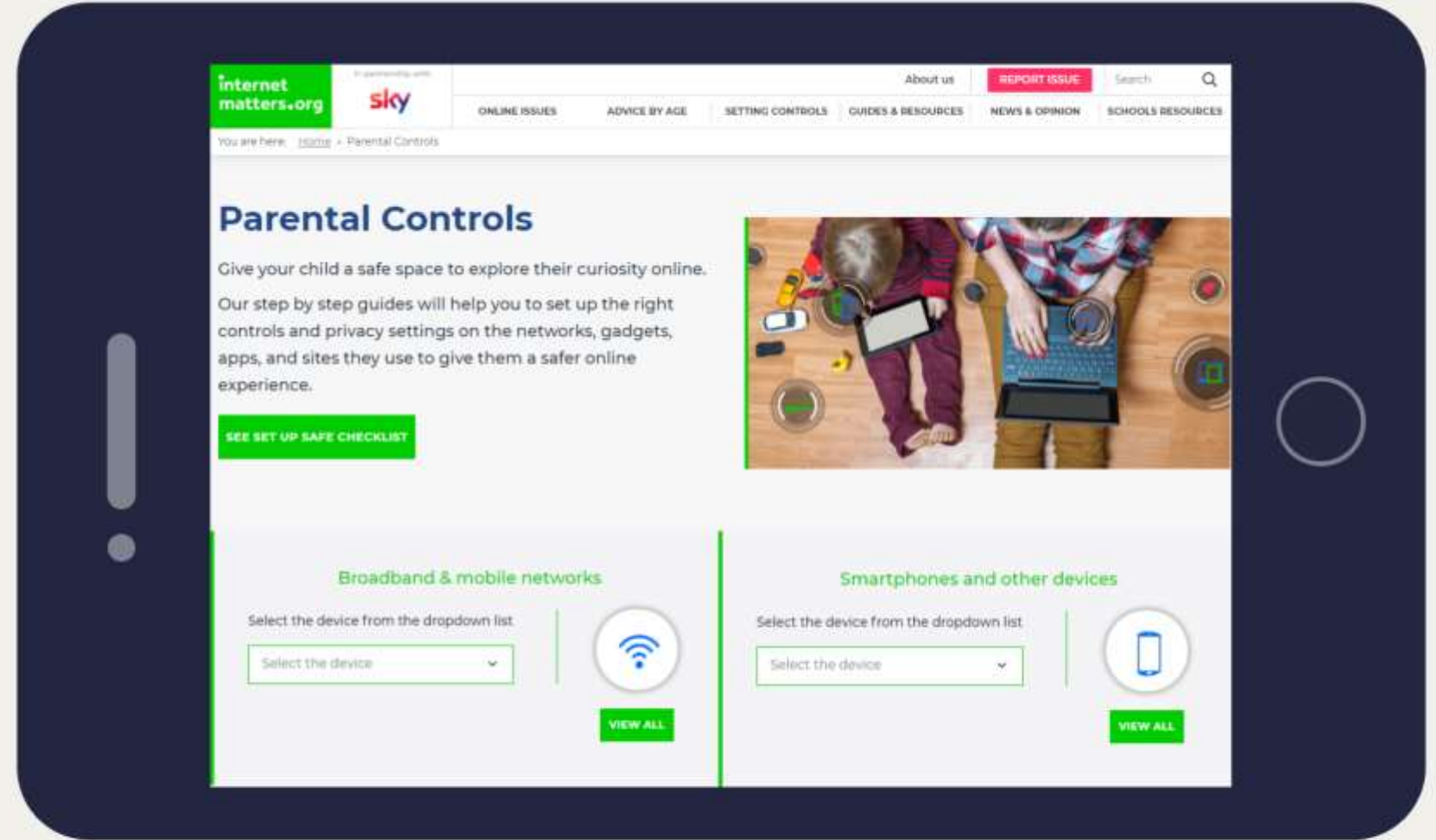


The image shows a tablet displaying the Childnet website. The page is titled "Parents and Carers Toolkit" and features a blue header with the Childnet logo. Below the header, there is a section titled "Resources" with the sub-heading "Parents and Carers Toolkit". The main content area contains a blue box with the text: "Three resources that offer practical tips and advice on different aspects of keeping your child safe online." To the right of this text is a photograph of a child sitting on a sofa. Below the blue box, there is a list of three points: "1 Start discussions about their online life," "2 Set boundaries around online behaviour and technology use," and "3 Find out where to get more help and support." At the bottom of the page, there is a call to action: "Download the full Parent and Carer Toolkit here:". On the right side of the page, there are filters for "For" (3-7 years, 7-11 years, 11-14 years, 14-18 years) and "Topics" (Social media, Grooming, Digital wellbeing, Online bullying).

childnet.com/toolkit

Filtering software and settings can help block unwanted content.

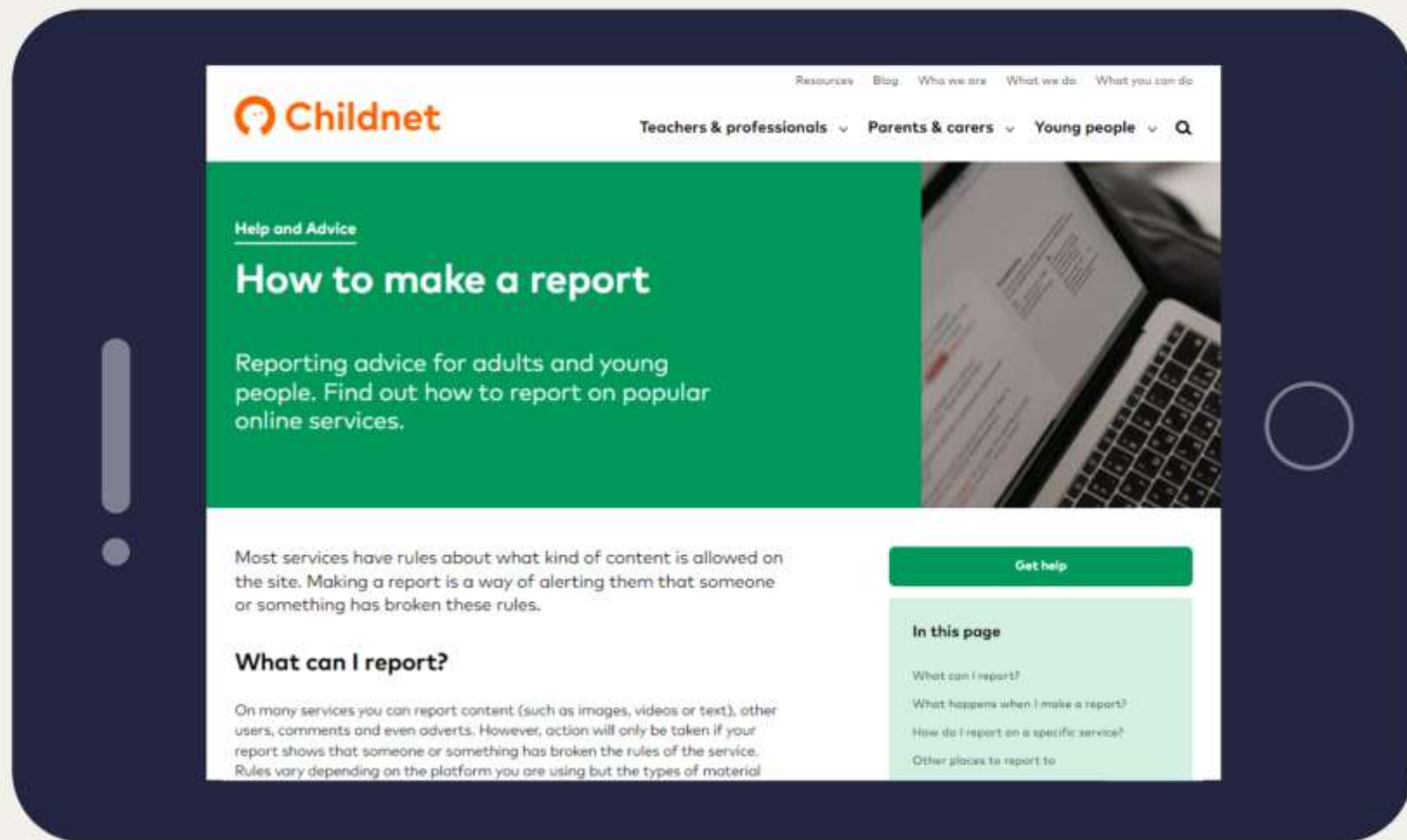
Look at filters on individual devices and from mobile & internet providers



internetmatters.org/parental-controls/

Familiarise yourself with safety and privacy settings on the services your family uses.

Learn how to report, block and mute other users on games and social media.



childnet.com/how-to-report

Get involved with your child's life online. Learn about the apps, games and devices they use.

Play their favourite games with them, try out their favourite apps...



taminggaming.com

Consider setting up a shared family email address.

Your child can use this when signing up to new services.

Encourage your child to always **'think before you post'**

Lead by example and discuss the content you share on social media too

Give your child strategies to deal with content they don't want to see

For example, speaking to you or turning off the device

Start on a positive note...

What do you like most about the internet and why?
What's your favourite game/app/site?

Do you like to be creative online?
What have you created?

(It could be anything from a picture or video to creating their own games, sites or apps.)

The internet offers brilliant opportunities for making connections with others. Who do you like to keep in touch with online and what apps/-services do you use?

Keep the conversation going...

Do you have any tips for how to be positive and show respect online?

What could you do if someone online is making you or someone you know feel worried or upset?

How might you know if you are using the internet/technology too much?

How does the internet make you feel? Do different apps/games makes you feel differently?

Do you know where to go for help, where to find safety advice and how to use safety tools on your favourite apps and games?

Help me!
Can your child show you how to do something better/safer online?

Other useful resources

- <https://www.childnet.com/resources/parent-and-carer-toolkit/>
- [Commonsensemedia.org](https://www.commonsensemedia.org)
- [Askaboutgames.com](https://www.askaboutgames.com)
- [Reportharmfulcontent.com](https://www.Reportharmfulcontent.com)
- [Ceop.police.uk](https://www.Ceop.police.uk)
- [Childnet.com/parents-and-carers](https://www.Childnet.com/parents-and-carers)
- [https://saferinternet.org.uk/guide-and-resource/parents-and-carers](https://www.saferinternet.org.uk/guide-and-resource/parents-and-carers)

