

Dear Parents/Carers,

We have received an amber alert for the extreme heat being experienced this week. Children have listened well from the outset and are not wearing jumpers/cardigans, as well as being encouraged to keep hydrated, drinking lots of water. At lunchtime we always have a trolley available by the hall door, with water/cups available for all. Children are also encouraged to take their water bottles outside.

Increased use of shaded areas are being encouraged and we are limiting the time the children are on the field at lunchtimes this week, bringing them back to the playground and the shade of the trees for the last half hour. The bus (even though it has air conditioning) has been closed as this remains too hot. We have also closed the adventure play area for the time being and today no footballs were allowed, to ensure the children were not running around.

You may find the following resources useful as these have been supplied by Public Health:

Finally, we would like to remind all our families that the **only** snacks allowed a breaktime are fresh fruit or vegetables.

Stay cool, hydrated and safe.

Kind regards,

Mrs Buckley & Mrs McLaren
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