

Yateley Life Saving Club meets on a Thursday evening from 7.00pm at Yateleys Leisure Centre

We run Rookie Lifeguard classes for children from 10 years & courses from the RLSS National Life Saving Academy for children 13 years+. Our members learn valuable skills, such as:

- How to stay safe around water
- What to do if someone is drowning
- How to perform resucitation and administer first aid that could save someone's life

Please contact us to arrange a free trial if you're interested in joining and can swim 100 metres  $\frac{1}{2}$ 



www.ylsc.club

yateleylifesavingclub@hotmail.com

Facebook.com/YateleyLSC

www.rlss.org.uk

@RLSSUK

**f** Facebook.com/RLSSUK