

# Adult Education courses, April and May 2023

From brushing up on your maths skills to improving your IT skills for work, Sleep Matters training or Learn with Lego for parents, we have a range of courses on offer this term.

Some courses are free and those courses that have a cost are free for anyone who is in receipt of Universal Credit (work related), Employment Support Allowance, Jobseeker's Allowance, or are on low income and in receipt of Income Support. Please [contact us](#) with any queries around costs or eligibility via [adulthoodeducation@wokingham.gov.uk](mailto:adulthoodeducation@wokingham.gov.uk).

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## Help with your maths

- Online on Zoom
- Free
- [Apply here](#)

During the sessions you will refresh the basic maths skills which are used in everyday life and work including fractions, percentages and ratios. The course will help you assess your current skill level and identify further courses you could attend if you want to improve your maths skills further. Suitable for learners who have not gained a GCSE grade 4/C or above, or Functional Skills level 2. The sessions are part of the Multiply initiative and are free for learners who have lived in the UK for more than 3 years.

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## Learn with Lego

- 20 April, Thursday 10am to 12pm, Ambleside Children's Centre
- Free
- [Apply here](#)

Learn how to use Lego with your children for more than building! Explore basic maths and gain confidence in using bricks to help you child count and measure, and explore mathematical problems of symmetry and patterns. This course is aimed at parents / carers of pre-schoolers and infant school aged children as part of the Multiply initiative.

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## Introduction to being a Teaching Assistant and Working in Schools

- 20 April to 25 May, Thursdays 12.45pm to 2.45pm, Ambleside Centre, Woodley
- £45 – free to those on jobseeking benefits or a low income
- [Apply here](#)

Find out more about different roles available in schools and gain an understanding of how to apply for roles. Explore your own strengths and weaknesses in your transferable skills and build your confidence to apply for roles in schools.

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## IT Skills for Work

- 27 April to 25 May, Thursdays 10.15am to 12.45pm, Wokingham Library
- £30 - free to those on jobseeking benefits or a low income
- [Apply here](#)

Refresh or learn new IT skills, including Word, Excel and PowerPoint to help you at work or on your job seeking journey. Learners will practice file management and by the end of the course you will be able to use simple documents, email attachments and feel more confident with their IT skills.

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## Excel for Work

- 27 April to 25 May, Thursdays 2.00pm to 4.00pm, Wokingham Library
- £30 - free to those on jobseeking benefits or a low income
- [Apply here](#)

Know how to create everyday formulas. Learn techniques for summarising and sorting data for easier understanding. This course is a progression on from the Excel for Beginners course.

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## Sleep Matters

- 15 May, Monday 9.45am to 2.15pm, Arborfield Green Community Centre
- Free course
- [Apply here](#)

This workshop is for parents, carers and practitioners with an interest in sleep difficulties in children and young people with SEND. The session will cover sleep issues, triggers and sleep associations as well as sleep strategies, tips and ideas to best support children/young people or family members. The course will be run by ASD Family Help.

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## English for Speakers of Other Languages

- Online on Zoom or classroom based - classes run through the week in different locations and different times
- Free
- [Apply here for an assessment](#)

Improve your English in a small, supportive group, with a choice of online or classroom learning. Build your confidence in speaking, writing, reading and listening and explore

helpful topics such as health, work and education. We have a number of classes running, and will assess new learner's current level of English with an easy online assessment tool, before offering a place in an appropriate class.

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## Eligibility

You need to:

Live or work within the Wokingham Borough, or have a child attending a Wokingham school,

- AND be over 19 years old (as of 31st August 2022)
- AND have ordinarily been resident in the UK or EEA for at least 3 years. If you are an EEA National, you need to have obtained either pre-settled or settled status under the EU Settlement Scheme.

All **Ukrainian** adults and their family members supported through the Ukraine Family Scheme and Ukraine Sponsorship Scheme are immediately eligible for courses and are exempt from the 3-year residency requirement.

**Hong Kong British National (Overseas)** visa holders in the UK, are eligible to apply for courses without having to be a resident for three years for courses ending before 31/05/23.

There are a number of other exemptions including those for some asylum seekers or refugees. Please [email us](#) or call 0778 5314 603 if you wish to discuss any exemptions further.

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