# <u>Appendix</u>

# <u>Appendix I</u>

## Games Mark Accreditation

In 2021-22 we introduced more inclusive sports activities for all pupils; Year 6 Sports and House captains were involved in leading and running the inclusive sports day and we held our first interclass games which was a Lacrosse friendly tournament between the two Year 6 classes. Year 6 captains also ran our field sports day stations in the summer term.

## Training for Sports Captains towards Games Mark

In October 22 our new Year 6 Sports Captains attended a the first ever training academy in Wokingham with the SGO (School Games Officer), and learnt how to create a fun games session for some younger children. They then successfully ran an inter-house competition for twenty Year 3s back at home, which included warm up skills and drills, a warm up game and a relay race competition in houses. In November the Sports Captains attended a second academy to run their relay race as part of a carousel of games run by sports leaders from different schools. Each school brought along some Year 3s to take part in the carousel. A great time was had by all.

# Appendix II

# P.E. Topics per Year Group

Year 3	Year 4	Year 5	<u>Year 6</u>
Autumn Curriculum			
Indoors			
Dance	Gym	Gym	Gym
Circuit Training	Dance	Circuit Training	Circuit training
Outdoors			
Invasion Games	Basketball	Netball	Netball
Touch Rugby	Hockey	Tennis	Lacrosse
Spring Curriculum			
Indoors			
Gym	Circuit Training	Gym	Gym
Tennis	Gym	Dance	Dance
Outdoors			
Hockey	Tennis	Football	Hockey
Basketball	Touch Rugby	Touch Rugby	Touch Rugby
Summer Curriculum outdoor			
Athletics	Athletics	Athletics	Athletics
Cricket	Dance	Rounders	Tennis
Dance	Cricket	Cricket	Cricket
	Rounders		Rounders
Swimming	Swimming booster	Swimming booster	

## Appendix III

# Covid-19 Impact

# 14<sup>th</sup> May 2021

Following the Covid pandemic, we recognise that some aspects of the curriculum have not been accessible, eg gymnastics and other sport that require the use of the indoor hall. During lockdown we were fortunate that remote learning opportunities were given by EPC in the form of home dance and football skills videos. We also recommended the children follow the Joe Wicks programme as well as openly encouraging they get out for walks, bike rides and runs etc with their families. In the summer of 2020 we also took part in the Twinkl Home Sports day events and this year individual pupils represented the school in The Berkshire Primary Virtual Cross Country Championships.

Once back in school, in Year group bubbles, we have rotated round a variety of games which were played outside. This was so equipment could be quarantined for the appropriate time. This has meant that year groups have been able to try games that wouldn't usually be part of their curriculum content. Following on from the this we plan to have a staff meeting in January 22 to review the PE units for all years.

It has been unfortunate that competitive competitions between schools have not been able to go ahead since the first lockdown last March. This has affected many children in our school, as Oaklands takes part in a wide variety of league matches and competitions. Also extra-curricular sports clubs have been closed for the same period of time.

Throughout our time in school during restrictions we have used the Daily Mile to the full and all classes have received the Gold Award for 75 daily mile times. One class has recently been awarded the Platinum Award for 100 daily miles. The woods in our grounds have also been used more to get children outside for an extra walk, physical activity or to undertake foundation subject science projects. Clubs are beginning to be set up again now with the introduction of a tennis club, and with resuming the mixed football club for year 6 and the dance and judo clubs.

Summer Term Sports Day – due to the impact of Covid on where children could play, our field suffered more wear and tear. The school decided that this was a good time to redo the surface of our field. Due to this we put together an alternative Sports Day package that was fun and complied with safety restrictions. Each Year group had sports half days at Wellington College, a public school on our doorstep who were very willing and accommodating to aid us in hosting sports events at their site. Each year group walked to the site for a selection of fun races, track races, throwing and long jump. We had hoped parents could watch but this changed at the last minute due to Wellington College being part of the areas Covid Surge Testing. A picnic was enjoyed before or after their races and then children walked back to school. This event was half a day for each year group over a two day period and was hugely enjoyed by staff and pupils.

On site we had planned to hold our first 'inclusive sports' event however, due to restrictions this had to be postponed until the following academic year.

## Appendix IV

#### Inclusive Sports Day

Quotes:

"This was very fun!"

"This was the best day ever"

"Can we do this again with Sports Day in the summer?"

Year 6 Sports and House Captains manned the 8 stations and as the children rotated round, they instructed them on what to do. They then helped them and encouraged them.

Quotes from captains:

"So you see, it really helps if you put a lot of power into sliding it." (the Kurling)

"Come follow me and I will take you to your station." (Tri golf)

"Hold the bat like this and it will help". (Table tennis air hockey)

"Can you think of a good place to put the O?" (Tic tac toe)

# Appendix V

#### **Clubs and Fixtures**

#### **Extra-Curricular Physical Activities**

#### Teacher led:

Badminton club 12 Netball club 20 New-Age Kurling club 6 (before competition only) Running club 50 Cricket club (not currently) Touch Rugby club to be started

#### Outside agencies:

Football squad training EPC 20 Football club EPC (paid) Girl's football club (not currently) Multi-sports club 10 Judo (paid) 15 Taekwondo (paid) (not currently) Dance (paid) 15 Tennis club (paid)15

No.s that follow are for any one time. More children get to have a go throughout an academic year.

#### One off outside agencies:

Whole day cricket taster
Whole day tennis taster
Hockey taster – Yrs 4 and 6
Pinewood Gym coaches teach 5 weeks gym unit in Year 5
Each class session in Pinewood gym
Whole day Touch Rugby taster plus a 6 week teaching unit for each year given by coach.
Swimming lessons for three year groups. Year 3 lessons and Years 4 and 5 boosters
Wellington College- Real tennis sessions (Year 5 not currently)
2022 only SUP afternoon at Horseshoe lake for each class.

#### Events and fixtures:

Thames Valley Cross Country league 5 events throughout the winter 50 St. Neot's Primary School cross country 24 Football matches/festivals 11 District Sports Day Swimming competition Wokingham School Games Sportshall Athletics Berkshire Games Wokingham Netball tournament SEND competitions include: Tri-golf and New Age Kurling.

Plus many more football, tag-rugby, hockey and cricket matches.