

Oaklands Junior School Team up with 'The Actives'



27th February 2023

Dear Parents / Carers

We hope you are all well.

Oaklands Junior School have teamed up with 'The Actives' for a pilot project which will take place before the end of this term. This project has been developed by two of our parents and we are pleased to be supporting them in agreeing to trial this app.

We are providing children, parents and carers with the opportunity to take part in an exciting new project that is aimed at helping and supporting children (and adults) in leading a healthy lifestyle which, done 'The Actives way', can positively impact the environment too! The Actives app rewards children, using 'Zap' points, for making great lifestyle choices linked to being more physically active, eating healthier, drinking water, sleeping well and helping save our planet.

- 1. Each child will be given a sheet of unique QR Code Labels that they should personalise by writing on their names and then sticking one label on the inside cover of their Homework Diary as well as some relevant places at home e.g., kitchen fridge/cupboard, to allow parents/guardians to 'Zap' quickly and easily at home.
- 2. Parents / Carers can simply login at home to register for their child's FREE Actives account by visiting https://theactiveschallenge.co.uk/ and using their child's unique QR code.
- 3. There are great prizes up for grabs through sponsors e.g. The Two Sisters Café and Wellington Health & Fitness Club; just check out your account to view your rewards as and when you earn them through your children earning 'Zap points'!
- 4. Follow us on Facebook and Instagram and share some of your Zapping moments via *theactiveschallenge*.

Oaklands Junior School will, when possible, also be allocating 'ZAP points' in class, such as for being physically active or drinking water, to engage and educate the children in learning about the environment and behaviours they can adopt to lead a healthier lifestyle and in turn help the environment.

If you have any questions regarding The Actives, please email hello@theactiveschallenge.co.uk and we will aim to get back to you within 48 hours. As this is a pilot project, we would very much appreciate your feedback.

We hope you and your children enjoy learning about The Actives and get ZAPPING ③. Remember to register for free by visiting https://theactiveschallenge.co.uk/

Kind Regards

Mr Holland Deputy Headteacher