

# P.E. Curriculum

## Statement of Intent

At Oaklands Junior School, we recognise the importance of PE and the role it has to play in promoting long term healthy lifestyles. Our vision is that through the PE curriculum and wider opportunities to engage in competition and other physical events such as the Daily Mile, all children will appreciate the benefits of a healthy and physically active lifestyle. The intent of our PE curriculum is to provide all children with high quality PE and sport provision that will help them reach their potential and fulfil all the aspects of the Oakland's Mindset (ambition, independence, friendship, enjoyment, challenge, communication) and other values such as respect and fairness.

By the time pupils leave this school, they should know how to apply and develop a broad range of skills. They should be able play games where they are able to work together in teams and enjoy competing with each other. They should be able to evaluate their successes and learn how to improve in different physical activities. The pupils will also have had an opportunity to participate in swimming lessons as they go through the school.

In addition, we would like to have given as many pupils as possible the chance to participate in sporting events; whether representing the school competitively, participating in in-house competition or having a go at one of the many sports clubs on offer. We also intend to give the oldest pupils opportunities to help with organising and running sporting events within the school, such as sports day.