



<b>WEEK 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	Pork Sausage and Mash with Onion Gravy	Chinese Style Chicken with Wholegrain Rice	Roast Turkey, Stuffing, Roast Potatoes, Yorkie and Gravy	Beef Cottage Pie with Root Vegetable Mash	Fish Fingers and Chips
<b>VEGETARIAN MAIN MEAL</b>	Cheese, Tomato and Spinach Puff Pastry Slice	Sweet and Sour Quorn with Vegetables and Wholegrain Rice	Macaroni and Broccoli Bake	Quorn Cottage Pie with Root Vegetable Mash	Southern Spiced Crispy Quorn Burger in Floured Bap
<b>VEGETABLES</b>	Garden Peas	Carrots	Roasted Root Vegetables	Sweetcorn	Garden Peas
<b>JACKET POTATOES</b>	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese
<b>PUDDING</b>	Berry Fruit Crumble and Custard	Classic Shortbread	Strawberry Yoghurt Fool	Warm Brownie with Chocolate Custard	Lemon Drizzle Cake with Yoghurt Topping
<b>FRUIT/ YOGHURT</b>	Seasonal Fresh Fruit and Yoghurt Bar Available Daily				
<b>SALAD BAR</b>	Daily Bread, Salad and Crudité Bar Available Daily				



<b>WEEK 2</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	Beef Bolognese with Pasta	Ham and Cheese Pizza with Baked Wedges	Roast Gammon, Stuffing, Roast Potatoes, Yorkie and Gravy	BBQ Chicken Breast and Baked Wedges	Fish and Chips
<b>VEGETARIAN MAIN MEAL</b>	Baked Veggie Nugget Tortilla Twister	Roasted Vegetable Lasagne	Quorn Roast, Stuffing, Roast Potatoes, Yorkie and Gravy	Margherita Pizza and Baked Wedges	Roasted Pepper and Tomato Quiche with Chips
<b>VEGETABLES</b>	Broccoli	Sweetcorn	Steamed Seasonal Vegetables	Garden Peas and Carrots	Baked Beans
<b>JACKET POTATOES</b>	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese
<b>PUDDING</b>	Blueberry Yoghurt Fool	Pineapple Upside down Cake with Custard	Orange Mandarin Jelly	Apple and Pear Crumble and Custard	Fruity Cookie
<b>FRUIT/ YOGHURT</b>	Seasonal Fresh Fruit and Yoghurt Bar Available Daily				
<b>SALAD BAR</b>	Daily Bread, Salad and Crudité Bar Available Daily				



<b>WEEK 3</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	Turkey Meatballs in Tomato Sauce with 50/50 Rice	Mild chicken Korma with Wholegrain Rice	Roast Pork, Stuffing, Roast Potatoes, Yorkie and Gravy	Beef Lasagne	Salmon Fishcakes and Chips
<b>VEGETARIAN MAIN MEAL</b>	Quorn and Vegetable Bake with Crispy Potato Topping	Roasted Vegetable and Bean Enchilada	Veggie Sausages, Stuffing, Roast Potatoes, Yorkie and Gravy	Butternut Squash, Spinach and Coconut Curry with Wholegrain Rice	Broccoli and Cheddar Cheese Quiche with Chips
<b>VEGETABLES</b>	Broccoli and Carrots	Mixed Seasonal Vegetables	Roasted Root Vegetables	Green Beans	Garden Peas
<b>JACKET POTATOES</b>	Baked Beans, Tuna Mayo Or Cheese	Baked Beans, Tuna Mayo Or Cheese	Baked Beans, Tuna Mayo Or Cheese	Baked Beans, Tuna Mayo Or Cheese	Baked Beans, Tuna Mayo Or Cheese
<b>PUDDING</b>	Oaty Apple Crumble and Custard	Fruity Flapjack	Jam Sponge and Custard	Blueberry Muffin and Yoghurt Drizzle	American Pancake with Forest Fruit or Syrup
<b>FRUIT/ YOGHURT</b>	Seasonal Fresh Fruit and Yoghurt Bar Available Daily				
<b>SALAD BAR</b>	Daily Bread, Salad and Crudité Bar Available Daily				