



w/b: 14 Sept, 28 Sept, 12 Oct, 2 Nov, 16 Nov, 30 Nov + 14 Dec

MONDAY

Tuna & Cucumber Sandwich or Cheese Salad Sandwich or Ham Sandwich

+

Fruit Bag

+

Chocolate Brownie

+

Veg Sticks

TUESDAY

Tomato & Basil Pasta Pot or Tuna Mayo Pasta Pot or Plain Pasta & Cheese

+

Fruit Jelly

+

Shortbread

+

Veg Sticks

WEDNESDAY

Chicken Mayo Sub Roll or Cheese Sub Roll or Tuna Mayo Roll

+

Fruit Jelly

+

Flapjack

+

Veg Sticks

THURSDAY

**Chicken Tikka Mayo Wrap or Cream Cheese & Cucumber Wrap
or Tomato and Basil Pasta**

+

Fruit Yoghurt

+

Blueberry Muffin

+

Veg Sticks

FRIDAY

**Southern Baked Chicken Wrap with BBQ Sauce or Cheese Sandwich
Or Tuna Mayo Sandwich**

+

Fruit Jelly

+

Chocolate Cookie

+

Veg Sticks





w/b: 21 Sept, 5 Oct, 19 Oct, 9 Nov, 23 Nov + 7 Dec

MONDAY

Ham Sandwich or Chicken Mayo Salad Sandwich or Tomato & Basil Pasta Pot

+

Fruit Bag

+

Chocolate Brownie

+

Veg Sticks

TUESDAY

Cheese Baguette or Tuna Mayo Pasta Pot or Chicken Salad Baguette

+

Fruit Jelly

+

Lemon Shortbread

+

Veg Sticks

WEDNESDAY

BBQ Chicken Sub Roll or Cheese Salad Sub Roll or Tomato & Basil Pasta

+

Fruit Jelly

+

Flap Jack

+

Veg Sticks

THURSDAY

**Chicken Tikka Mayo Wrap or Tuna Mayo Wrap
or Pasta with cheese**

+

Fruit Yoghurt

+

Chocolate Muffin

+

Veg Sticks

FRIDAY

**Southern Baked Chicken Baguette with BBQ Sauce or Cream Cheese & Cucumber Wrap
or Pesto Pasta**

+

Fruit Jelly

+

Oat Cookie

+

Veg Sticks

