

CUCINA SUPER FOODIES MENU 2019 -2020



WEEK ONE

6th January 27th January 24th February 16th March 20th April 11th May 1st June 22nd June 13th July

MONDAY...

TUESDAY...

WEDNESDAY...

THURSDAY...

FRIDAY...

MAIN COURSE

Cucina Pork Sausage
with Onion Gravy

Crunchy Breaded Chicken
with Spaghetti

Roast Turkey
with Yorkshire Pudding

American Style
Beef Burger

Fish & Chips

VEGETARIAN MAIN

Vegetable Sausages
with Onion Gravy

Crunchy Quorn Bites
with Spaghetti

Roasted Vegetable Loaf
with Yorkshire Pudding

Crispy Vegetable Burger

Cheese & Tomato
Pastry Puff

ACCOMPANIMENTS

Mashed Potato

Garlic Bread

Roast Potatoes

Baked Herby Wedges

Skinny Fries

VEGETABLES

Garden Peas & Carrots

Broccoli & Mixed Garden
Salad

Seasonal Vegetables

Rainbow Slaw & Sweetcorn

Baked Beans
or Garden Peas

DESSERTS

Hot Brownie with Chocolate
Sauce

Orange Jelly with
Seasonal Fruit

Steamed Jam Sponge
& Pink Custard

Strawberry Mousse

Iced Rainbow Sponge

JACKET POTATO

Jacket Potatoes served daily with toppings of Cheese, Tuna & Baked Beans

SANDWICHES

Ham Baguette

Tuna Sandwich

Cheese Baguette

Ham Sandwich

Cheese Baguette

Daily dessert offering Including sweet treats, fresh fruit and yoghurt

WEEK TWO

13th January 3rd February 2nd March 23rd March 27th April 18th May 8th June 29th June

MONDAY...

TUESDAY...

WEDNESDAY...

THURSDAY...

FRIDAY...

MAIN COURSE

Beef Lasagne

Mild Chicken Korma

Roast Pork with Stuffing
& Yorkshire Pudding

Oven Baked Chicken
Goujons

Fish Fingers

VEGETARIAN MAIN

Roasted Vegetable
Lasagne

Sweet Potato & Spinach Curry

Quorn Fillet with Stuffing &
Yorkshire Pudding

Southern Fried Quorn
Escalope

Vegetable Nuggets

ACCOMPANIMENTS

Garlic Bread

Scented Rice, Naan Bread

Roasted Potatoes

Crunchy Garlic & Herb
Potato Wedges

Skinny Fries

VEGETABLES

Carrots & Garden Peas

Scented Rice & Sweetcorn

Seasonal Vegetables

Rainbow Slaw & Baked Beans

Garden Peas

DESSERTS

American Pancake
with Toppings

Lemon Shortbread Biscuit

Oaty Apple Crumble
& Custard

Jammy Iced Bun

Double Choc Chip Cookie

JACKET POTATO

Jacket Potatoes served daily with toppings of Cheese, Tuna & Baked Beans

SANDWICHES

Tuna Sandwich

Ham Baguette

Cheese Baguette

Ham Sandwich

Cheese Baguette

Daily dessert offering Including sweet treats, fresh fruit and yoghurt

WEEK THREE

20th January 10th February 9th March 30th March 4th May 15th June 6th July

MONDAY...

TUESDAY...

WEDNESDAY...

THURSDAY...

FRIDAY...

MAIN COURSE

Homemade Ham Pizza

Chinese BBQ Chicken

Roast Gammon
with Yorkshire Pudding

Spaghetti Bolognese

Salmon Fish Cake

VEGETARIAN MAIN

Homemade Margherita
Pizza

Chinese BBQ Quorn Strips

Vegetable Sausage Toad
In The Hole

Quorn Bolognese

Cheese & Tomato Quiche

ACCOMPANIMENTS

Herby Wedges

Noodles

Roast Potatoes

Garlic Bread

Skinny Fries

VEGETABLES

Sweetcorn & Mixed Salad

Stir Fried Vegetables

Seasonal Vegetables

Carrots & Mixed Salad

Baked Beans
or Garden Peas

DESSERTS

Sticky Toffee Pudding
& Toffee Sauce

Frozen Yoghurt Bar
with Toppings

Hot Treacle Sponge
with Custard

Chocolate cherry Muffin

Iced Rainbow Sponge

JACKET POTATO

Jacket Potatoes served daily with toppings of Cheese, Tuna & Baked Beans

SANDWICHES

Cheese Sandwich

Tuna Sandwich

Ham Sandwich

Tuna Baguette

Ham Sandwich

Daily dessert offering Including sweet treats, fresh fruit and yoghurt