

# CUCINA SUPER FOODIES MENU 2019 - 2020



## WEEK ONE

2nd September 23rd September 7th October 4th November 25th November 16th December

	MONDAY...	TUESDAY...	WEDNESDAY...	THURSDAY...	FRIDAY...
<b>MAIN COURSE</b>	Cucina Pork Sausage with Onion Gravy	Crunchy Breaded Chicken with Spaghetti	Roast Turkey with Yorkshire Pudding	American Style Beef Burger	Fish & Chips
<b>VEGETARIAN MAIN</b>	Vegetable Sausages with Onion Gravy	Crunchy Quorn Bites with Spaghetti	Roasted Vegetable Loaf with Yorkshire Pudding	Crispy Vegetable Burger	Cheese & Tomato Pastry Puff
<b>ACCOMPANIMENTS</b>	Mashed Potato	Garlic Bread	Roast Potatoes	Baked Herby Wedges	Skinny Fries
<b>VEGETABLES</b>	Garden Peas & Carrots	Broccoli & Mixed Garden Salad	Seasonal Vegetables	Rainbow Slaw & Sweetcorn	Baked Beans or Garden Peas
<b>DESSERTS</b>	Hot Brownie with Chocolate Sauce	Orange Jelly with Seasonal Fruit	Steamed Jam Sponge & Pink Custard	Strawberry Mousse	Iced Rainbow Sponge
<b>JACKET POTATO</b>	Jacket Potatoes served daily with toppings of Cheese, Tuna & Baked Beans				
<b>SANDWICHES</b>	Ham Baguette	Tuna Sandwich	Cheese Baguette	Ham Sandwich	Cheese Baguette

Daily dessert offering Including sweet treats, fresh fruit and yoghurt

## WEEK TWO

9th September 23rd September 14th October 11th November 2nd December

	MONDAY...	TUESDAY...	WEDNESDAY...	THURSDAY...	FRIDAY...
<b>MAIN COURSE</b>	Beef Lasagne	Mild Chicken Korma	Roast Pork with Stuffing & Yorkshire Pudding	Oven Baked Chicken Goujons	Fish Fingers
<b>VEGETARIAN MAIN</b>	Roasted Vegetable Lasagne	Sweet Potato & Spinach Curry	Quorn Fillet with Stuffing & Yorkshire Pudding	Southern Fried Quorn Escalope	Vegetable Nuggets
<b>ACCOMPANIMENTS</b>	Garlic Bread	Scented Rice, Naan Bread	Roasted Potatoes	Crunchy Garlic & Herb Potato Wedges	Skinny Fries
<b>VEGETABLES</b>	Carrots & Garden Peas	Scented Rice & Sweetcorn	Seasonal Vegetables	Rainbow Slaw & Baked Beans	Garden Peas
<b>DESSERTS</b>	American Pancake with Toppings	Lemon Shortbread Biscuit	Oaty Apple Crumble & Custard	Jammy Iced Bun	Double Choc Chip Cookie
<b>JACKET POTATO</b>	Jacket Potatoes served daily with toppings of Cheese, Tuna & Baked Beans				
<b>SANDWICHES</b>	Tuna Sandwich	Ham Baguette	Cheese Baguette	Ham Sandwich	Cheese Baguette

Daily dessert offering Including sweet treats, fresh fruit and yoghurt

## WEEK THREE

16th September 30th September 21st October 18th November 9th December

	MONDAY...	TUESDAY...	WEDNESDAY...	THURSDAY...	FRIDAY...
<b>MAIN COURSE</b>	Homemade Ham Pizza	Chinese BBQ Chicken	Roast Gammon with Yorkshire Pudding	Spaghetti Bolognese	Salmon Fish Cake
<b>VEGETARIAN MAIN</b>	Homemade Margherita Pizza	Chinese BBQ Quorn Strips	Vegetable Sausage Toad In The Hole	Quorn Bolognese	Cheese & Tomato Quiche
<b>ACCOMPANIMENTS</b>	Herby Wedges	Noodles	Roast Potatoes	Garlic Bread	Skinny Fries
<b>VEGETABLES</b>	Sweetcorn & Mixed Salad	Stir Fried Vegetables	Seasonal Vegetables	Carrots & Mixed Salad	Baked Beans or Garden Peas
<b>DESSERTS</b>	Sticky Toffee Pudding & Toffee Sauce	Frozen Yoghurt Bar with Toppings	Hot Treacle Sponge with Custard	Chocolate cherry Muffin	Iced Rainbow Sponge
<b>JACKET POTATO</b>	Jacket Potatoes served daily with toppings of Cheese, Tuna & Baked Beans				
<b>SANDWICHES</b>	Cheese Sandwich	Tuna Sandwich	Ham Sandwich	Tuna Baguette	Ham Sandwich

Daily dessert offering Including sweet treats, fresh fruit and yoghurt